

Motions for My Twelve Maine Christmas Days

Motions:

1. Pine tree - make a teepee overhead , fingertips touching
2. Oars - rowing motion
3. Lobsters - snapping claws motion with hands - fingers to thumb
4. Potatoes - left hand makes fist (potato) , right hand makes peeling motion (away from body over fist)
5. Moose - thumbs against side of head, fingers spread apart, palms facing front
6. Mittens - hands in "mitten" shape, palms facing front
7. Sand dollar - both hands together, thumb and index fingers forming a circle in front of body
8. Shrimp - hands - palms facing each other - forming parenthesis - shrimp shape
9. Whoopie pies -rub tummies - yum
- 10, Clams - wrists touching each other, one hand under the other - top hand moves up and down, keeping wrists together
- 11.Blueberries - picking motion with fingers and arms
- 12.Chickadees - the typical thumbs in armpits and flap wings